



A Barefoot Discussion Guide

Ramadan on Rahma Road Educator Resource

DISCUSSION QUESTIONS

Pre-reading:

- What do you know about Ramadan and iftar?
- Do you fast in Ramadan? Does your family have other religious practices or holidays?
- Imagine if you fasted (didn't eat or drink) for 8 hours. What food would you like to eat as soon as you were able to?
- Have you ever been invited for iftar at someone's home? What was your favorite food?

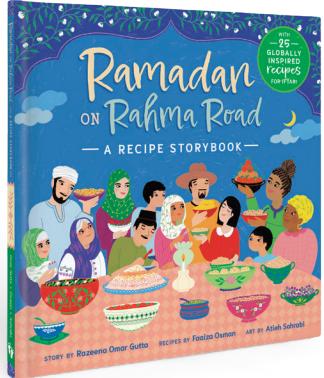


During Reading:

- Which dish from the story would you like to try?
- Each family puts a lot of effort into their dish. Why do you think iftar is such a special meal?
- Connection to food is something all families can relate to. Do you have a connection to a specific food? Why is it special to you and your family?
- Rahma Road is filled with families that have origins in different parts of the world. Would anyone like to share something about where your family is from?
- Which of the countries mentioned would you like to visit and try more food from?

After Reading Questions:

- Muslims fast because it's part of their religion. It also helps teach empathy, patience, and awareness. Could you go a few hours without food too? How do you think you'd feel?
- Which was your favorite page and why?
- Some of the families use different words for their parents and grandparents. What do you call your parents and grandparents?
- What dish would you contribute for iftar if you lived on Rahma Road?



Ramadan on Rahma Road

Written by Razeena Omar Gutta

Recipes by Faaiza Osman

Illustrated by Atieh Sohrabi



Illustration © Atieh Sohrabi
from *Ramadan on Rahma Road*



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DISCUSSION QUESTIONS, *continued*

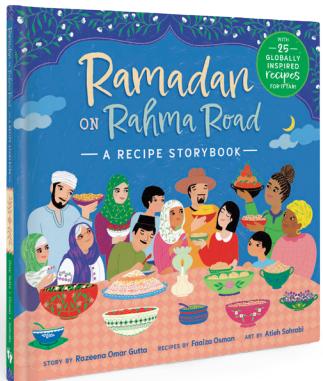
Social Studies Connection

People across the world commemorate Ramadan in different ways and eat different foods. Choose a culture that is not represented in the book and learn more about it. See if you can find out what Ramadan traditions, foods, languages, etc., are in the culture you chose.

Sometimes Muslims are a minority in a culture, but they still have traditions – it just might take a little more work to find out about them! You can then create a family to introduce your chosen culture and create a page for them as if they lived on Rahma Road too.

Coloring Page Activity: Draw your own iftar meal

Presenting food is a very visual and sensory experience. Design a tempting and tantalizing meal – draw or paint how you would present it. You can explain what it would smell like, feel like, and how it would taste, too.



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