To Live Barefoot is to:

- believe in the transformative power of storytelling
- know that everyone can make a difference
- embrace the connection between grassroots networking and global communication
- honor diversity in every sphere of life: cultural and social; ecological and economic; emotional and spiritual
- and everyone has a right to be here
- balance doing with being: doing work with being alive
- encourage creative play, remembering that to play is to learn
- make mistakes, laugh and cry, learn a little more, and start again
- tread softly, celebrating the art of story-making in all of its forms: in songs and stories, arts and crafts, music and movement
- step into our power as individuals who know that together we are part of something more powerful than we can be on our own.